

It's Not Just Play

Your child is learning many things to help them when they get to school:



BLOCKS:

- More difficult block play can lead to better math scores.
- Working with friends leads to better social skills.



FINE MOTOR:

- Strengthens muscles used for writing.
- Understanding what makes items the same and different, and putting similar things together are early reading skills.



ART:

- When using art materials, children are coming up with new ways to solve problems.
- Supports positive mental health by building self-esteem.



READING:

- Children who are read to before preschool do better in all areas of learning.
- Children gain control, attention span, and memory through understanding what is being read to them.



MATH/NUMBERS/SHAPES:

- Early understanding of number concepts (more vs. less, big vs. small) helps create positive attitudes.
- Learning math improves your child's problem solving skills.



SCIENCE/NATURE:

- Increases talking and working together by guessing and asking questions.
- The problem-solving skills learned through science are also used socially.



GROSS MOTOR:

- A child who is given chances to move will keep moving. She will dance, jump, and swing.
- Since poor habits are hard to change, an inactive child may become an inactive adult.



SENSORY PLAY:

- The muscles used for writing are strengthened as they pour, spoon, and grasp.
- As children play with different sized containers, they develop math skills such as understanding size, counting, timing, matching, organizing and sorting.
- As children play with these items, they learn to understand concepts such as more/less, full/empty and sink/float.



DRAMATIC PLAY:

- As a child pretends, he can better understand the feelings of others.
- Through pretend play, children practice arguing to help solve problems in all areas of their life.



For More Information:

Please talk to your child's teacher, pediatrician, or visit www.ecpac.org.