



ECPAC
EARLY CHILDHOOD PARTNERSHIP
OF ADAMS COUNTY



COLORADO
Department of Early Childhood

EARLY CHILDHOOD MENTAL HEALTH CONSULTATION

Empowering caregivers to support the healthy social-emotional development of infants and children.

Primary Objectives

Early Childhood Educators:

- Increase your ability to support healthy social-emotional development
- Identify and address developmental and emotional issues early
- Decrease challenging behaviors

Early Childhood Directors:

- Promote warm and responsive care
- Increase classroom confidence
- Reduce suspensions and expulsions
- Promote cohesive classroom environment

Contact Us:



www.ecpac.org



(303) 882-1596



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Classroom-Focused Consultation Timeline

MONTH ONE

- Initial observation and outreach by the consultant
- Consultant will complete CHILD* Assessment Scale
- 2-3 Observations will be completed from the consultant to gain insight on behaviors and classroom environment
- 1-2 goals are set as a guide for consultation services. Goals are created as a team
- Decide on length of consultation (3-6 months)

MONTH TWO

- Continue observations on a bi-weekly basis*
- Progress monitoring and adjusting as needed

**Directors: Meetings with teachers should be away from the classroom environment. Ample notice will be given in order for you to find classroom coverage.*

MONTH THREE TO END

- Consultant will complete final CHILD* Assessment
- Begin to wrap up service plan and move to meeting twice monthly
- One final meeting will be conducted prior to closing case

*Climate of Healthy Interactions for Learning and Development (CHILD)



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Early Childhood Educators:

- Increase your ability to support healthy social-emotional development
- Identify and address developmental and emotional issues early
- Decrease challenging behaviors
- Increase confidence in the classroom

Early Childhood Directors:

- Promote warm and responsive care
- Increase program confidence
- Reduce suspensions and expulsions
- Promote cohesive program environment
- Increase staff retention

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Program-Focused Consultation Timeline

MONTH ONE

- Meeting with the Director to plan what the needs are.
- Director will complete the Program Climate Tools Assessment (15-30 min to complete)
- Consultant will complete the Program Climate Tools Assessment for Consultants

MONTH TWO- SIX

- Complete weekly or bi-weekly meetings to meet with the Director or go into the classrooms to provide observations or support to teachers.
- Directors: requests for a child specific observation, consent must be obtained from the primary caregiver

MONTH SEVEN-END

- Complete the Final Program Climate Tools Assessment for Directors and Consultants
- Reflect on goals and complete a plan for time without the consultant moving forward



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Primary Objectives

Parents & Caregivers:

- Increase your ability to support healthy social-emotional development
- Identify and address mental health and developmental issues early
- Decrease child behaviors you find challenging

Early Childhood Professionals:

- Promote warm and responsive care
- Reduce your feelings of stress
- Reduce suspensions and expulsions
- Decrease behaviors you find challenging

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Child-Focused Consultation Timeline

MONTH ONE

- Initial observation and outreach by ECMHC Supervisor to determine if services are appropriate*.
- Teacher & Parent will complete the DECA*
- Director will complete the PERM*
- 2-3 observations will be completed from the consultant to gain insight into the behaviors.
- 1-2 goals are set as a guide for services. Goals are created by the team.

MONTH TWO

- Consultant will meet with caregiver and teacher* separately on a weekly/ bi-weekly basis to discuss observations.
- Discuss progress on goals and readjust if necessary.

**Teacher meetings should take place away from the classroom in order to discuss without distraction. Ample notice will be given in order to secure classroom coverage*

MONTH THREE

- Caregivers and teachers will complete the DECA and PERM post-assessments.
- The team will discuss progress on goals and if needed, consultant will send additional resources for support as the case closes.

*If services are deemed appropriate, consent must be obtained prior to service implementation

*DECA - Devereaux Early Childhood Assessment

*PERM - Preschool Expulsion Risk Measurement