

10 WAYS TO PREPARE YOUR FAMILY FOR KINDERGARTEN



**All Adams County children and their families
are valued, healthy, and thriving.**

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10 things you can do to get ready for Kindergarten

1. Check your child's birthdate



If your child's birthday is on or before **October 1**, check out this link to find your neighborhood school:

<https://www.greatschools.org/school-district-boundaries-map/>

2. Locate your school district



Check out this link to find your neighborhood school:

<https://www.greatschools.org/school-district-boundaries-map/>

3. Gather your paperwork



Ensure you have the following documents:

- Child's birth certificate
- Child's immunization record
- Proof of residence

10 Things to get ready, continued

4. Ensure your child....



- Gets at least 10 hours of sleep per night
- Has plenty of opportunity to run, skip, jump, hop, and climb
- Attends well-child checks and receives 5 year-old vaccines
- Listens to, understands, and follows 2-3 step directions
- Expresses range of emotions, needs, wants, feelings
- Uses a variety of strategies to problem solve, such as shares, takes turns, asks for help
- Listens to a story and can talk about it
- Understands common words, shapes, colors, songs, etc.
- Is curious- asks questions, uses complete sentences

5. Practice these social skills



- Provide opportunities for children to understand and discuss their feelings and those of others
- Help your child put his things away where they belong
- Identify emotions in photographs of other children and adults.
- Create drawings, paintings, collages, about emotions.
- Take your child and 1 of his/her friends to a nearby park or playground

6. Practice these reading skills



- Visit the Library and get a library card
- Read a book together and talk about the pictures
- Compare events in books to their own experiences.
- Listen to or read a book together and talk about the feelings of the characters
- Point out letters in familiar names and signs.
- Help your child spell his/her name in materials such as sand or corn meal

7. Practice these math skills



- Provide everyday opportunities to explore numbers and patterns such as helping set the table.
- Help your child count how many steps it takes to get from one side of your house to the other
- Create a pattern with pasta or beans from the kitchen
- Work a simple puzzle with your child
- Have your child help with dinner
- Find square, round, and rectangular objects in your home

8. Get active together



- Go for a walk and talk about what you see
- Pretend to be jumping or crawling creatures (rabbit, frog, snake)
- Visit a local park or playground
- Dance to different types of music
- Tape paper on the wall and floor, allowing your child to draw in different positions
- Pretend to be various jumping or crawling creatures (e.g., rabbit, frog, kangaroo, grasshopper, snake, lizard).

9. Help your child...



- Practice zipping her pants
- Practice putting on her shoes
- Practice writing his name
- Learn your name
- Practice washing his hands
- Learn your phone number
- Learn his birthday and age

10. Check out these resources

**CHECK
THESE OUT**

- Information on Growth and Development: <http://earlylearningco.org/>
- Centers for Disease Control and Prevention: <http://www.cdc.gov/ncbddd/actearly/milestones/>
- Support with Reading: <http://www.readingrockets.org/article/20035>
- Resources for Parents and Families: <http://www.ecpac.org/parents-families/>

BONUS



Have fun with your family doing any or all of these suggestions and see what other ideas you can come up with together.

School District Contacts

Use the information below to access Kindergarten Roundup dates and registration information after the New Year.

Adams 12 Five Star Schools: 720-972-4055 or Visit

<https://www.adams12.org/enrollment>

Adams 12 follows a Kindergarten School Choice System.

Adams 14 (Commerce City): 303-853-3333 or 5291 East 60th Avenue, Commerce City. Visit <http://www.adams14.org>, and search for "Enrollment"

Aurora Public Schools: 303-344-8060 ext. 29036 or 1085 Peoria Street, Aurora: Visit <http://admissions.aurorak12.org/>

Bennett School District: 303-644-3234 or 610 7th Street, Bennett. Visit <http://bennett29j.k12.co.us/> and search for "Enrollment".

Byers School District: 303-822-5292 or 444 East Front Street, Byers.

Deer Trail School District: 303-769-4421 or 350 Second Avenue, Deer Trail.

Mapleton Public Schools: Welcome Center: 303-853-1780 or 8990 York Street, Thornton. Visit <https://www.mapleton.us/District/1125-Enrollment.html>

School District 27J: 303-655-2900 or 18551 East 160th Avenue Visit <https://www.sd27j.org/domain/1827>

Strasburg School District: 56729 E. Colorado Ave. Strasburg. Visit <http://www.ssd31j.org/Content2/34>

Weld 3J: 303-536-2000 or 99 W. Broadway St., Keenesburg Visit <http://re3j.ss16.sharpschool.com/> and click "Enroll Now".

Westminster Public Schools: 303-428-3511 or 6933 Raleigh Street, Westminster. Visit <https://www.westminsterpublicschools.org/domain/1625>

Wiggins School District: 970-483-7762 or 320 Chapman St., Wiggins

Before the 1st Day of Kindergarten:

- Take your child to play on the school's playground where s/he will be attending
- Visit the library and check out books about going to school, the 1st day of school, and/or kindergarten
- Start an evening routine for your family in preparation for bedtime
- Start the bedtime routine earlier to ensure your child is getting plenty of rest before school

After School Starts:

- Attend school events intended for families
- Volunteer at your child's school, as you are able
- Know your child's teacher's name
- Instead of asking, "How was your day?", ask "What did you do in art class today?" or "Who did you play with at recess?"
- Encourage your child to try new and different activities
- Ensure your child attends school every day, on time, unless s/he is sick

If a child misses 10 days of school each year from kindergarten – 12th grade, that child has missed an entire year of school by graduation. Help your child and family get into the routine of going to school on-time, every day by setting and keeping a daily routine.