



# WHERE DO I START?

## The Three P's: P2P, PEAK and PEP



Parents of children with disabilities and professionals who interact with them frequently request information. Three great Colorado resources are often confused. Although not related, all three work together to provide information, support and encouragement to families as they raise their children with disabilities.

Here is an explanation of these statewide resources ....

### **P2P: Parent to Parent of Colorado** [p2p-co.org](http://p2p-co.org) 877-472-7201



- Connects families of sons and daughters with disabilities or special health care needs with other families and resources
- Serves families statewide with children birth through life
- One to one parent matching service
- Parent only listserv of over 1600 parents for support and information
- Website includes Resource Storeroom with links to informative and parent friendly resources
- Parent Support Groups listing
- Information, referral and research for parents and professionals with questions
- Facebook page for parent and professional interchange
- Extensive list of parent wisdom files on various topics
- Updates on policy issues which affect our children

### **PEAK Parent Center** [peakparent.org](http://peakparent.org) 800-284-0251



- Federally designated Parent Training and Information Center for Colorado under The Individuals with Disabilities Education Act (IDEA)
- Serves families with children birth through age 26
- Statewide parent advisors available to talk with families about school related issues, IEPs, 504 plans
- Trainings and Webinars (listed at [peakparent.org/workshopsTrainings.asp](http://peakparent.org/workshopsTrainings.asp)) on Understanding IEPs and other topics
- Annual "Conference on Inclusive Education"
- Online statewide calendar of events on website

### **PEP: Parents Encouraging Parents** [www.cde.state.co.us/cdesped/PEP.asp](http://www.cde.state.co.us/cdesped/PEP.asp) 303-866-6846

- Family-centered conference sponsored by the Colorado Department of Education
- Serves families with children birth to age 21; also open to professionals
- Free to participants including training, lodging, meals (except Friday evening)
- Held 2-3 times per year at various statewide locations over 2 1/2 days, Thursday through Saturday
- Designed to offer support, information and education to parents and professionals related to parenting, educating and supporting a child with a disability in their school and community
- Check website for more details and to sign up for conference
- Online calendar of events on website

The WHERE DO I START? series is available for downloading in English and Spanish at [p2p-co.org](http://p2p-co.org)

- #1 General Resources
- #2 Disability Specific Resources
- #3 The Three P's: P2P, PEAK, PEP



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