Pregnancy-Related Depressive Symptoms
Patient Resource
For anyone who works with women of childbearing age or their children

Lifestyle Prevention and Treatment

Goals

1. __________________________________________________________________
2. __________________________________________________________________
3. __________________________________________________________________
4. __________________________________________________________________
5. __________________________________________________________________

This guideline is designed to assist the clinician with the assessment and management of pregnancy-related depression. This guideline is not intended to replace the clinician’s judgment or establish a protocol for all patients with a particular condition. For references, additional copies of the guideline, or patient documents go to www.healthteamworks.org or call (303) 446-7200 or 866-401-2092.

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