



What services does Growing Home offer? How can Growing Home help me and my family?

1) Housing the Homeless

a) Family Shelter - *Need a place to stay? Come on over.*

Growing Home offers a 60-day shelter for homeless families with children. Call our offices to check on availability, learn more about the program, and do a brief eligibility screening (children must be in full custody, or with parents 90% of the time).

b) Affordable Housing

Growing Home operates 16 one and two bedroom apartments that rent for \$525 (1BR) and \$625 (2BR) per month. Background and credit checks conducted on all applicants. Call Cori at 720-435-7952 to apply.

c) Transitional Housing

With four units of transitional housing, Growing Home has a two-year case management supported program for parents who are returning to school for Associate's and four-year degrees or certificate programs. Rent is calculated according to income. Families can fill out a transitional housing application at Growing Home, which we will keep on file until an opening is available, at which time we will contact eligible applicants for interviews. We can only serve families of 4 individuals or less. We recommend that interested families call us every few months to check on the status of our program openings.

2) Feeding Families

a) Food Pantry- *Running low on food?*

Feeding Families Food Pantry is a place where you can shop for a three day supply of food. Items vary weekly but include fresh fruits and vegetables, meat and protein, and fresh gourmet bread. Adults need photo ID's, and children some form of documentation (birth certificate, school ID, social security card, etc.). Open every day of the week from 10 am – 12 pm, and families can shop once per month. Restricted to families with children.

b) Food Demos - *A good-for-you meal is easier than you think - let us show you how!*

Once a month a certified nutritionist demonstrates a couple of inexpensive, healthy recipes using food available in the food pantry.

c) Telephone Resource and referral Line – *Questions about services or need to know where to go? Just call!*

We'll do our best to answer your call but bear with us as we do not have a dedicated receptionist for our phones, and we will do our best to return any messages within 48 hours.

d) Life Skills Classes - *Want to learn about parenting? Healthy cooking? We've got the classes!*

Regularly offering workshops on topics such as Financial Education, Parenting, Healthy Relationships, Nutrition and Cooking on a budget. Check out our Family Newsletter for upcoming class schedules!

e) Growing Home Medical Van – *Don't have medical insurance but want to see a doctor?*

The Medical Van at Growing Home has volunteer doctors and nurses that bring the Medical Van to Growing Home twice a month, in the evenings, providing free medical care. Meet with a case manager to determine what health coverage options you have available to you, and who can walk you through the process of finding a permanent medical home.



3) Helping Children Succeed

a) **Parents as Teachers** - *Ever wish there was an instruction manual that came with children?!*

Let Growing Home's team of bilingual Parent Educators help! Serving pregnant women and families with kids, birth to five years old, Parent Educators show parents how their child's overall development is enhanced through age-appropriate games and activities, supporting them in any questions or concerns they may have during these crucial first years of life with twice monthly home visits.

b) **Incredible Years Parenting Group** - *Want to grow your parenting skills? See behavioral changes in your children?*

Twice a year, Growing Home offers a 14-week parenting series, Incredible Years, in both English and Spanish. Trained instructors Childcare and meals are provided during the class.

c) **Children's Clothing Bank** - *Is your child in need of a warm jacket or a pair of jeans? We've got you covered.*

Stop in during office hours and we'll either get you and your family into what you need, or will provide you with referrals to other clothing resources.

**Growing Home is located at 3489 W. 72nd Ave, Westminster CO 80030
Near the Northwest corner of Lowell and 72nd Ave.**

Phone: 303-426-0430. Fax: 303-426-0560

www.growinghome.org