

Maternal Wellness



Every 3rd Wednesday of each month
12:30 - 2:00 PM

Thornton Community Connections
9471 Dorothy Blvd, Thornton, CO

Unique topics each month that
promote wellness, self-care, and
mental health.

To register, scan the QR code or contact Sofia:
720-666-0509; sofia@ecpac.org



Bienestar Materna



Cada 3er Miércoles de cada mes
12:30 - 2:00 PM

Thornton Community Connections
9471 Dorothy Blvd, Thornton, CO

Temas únicos cada mes que
promueven el bienestar, el cuidado
personal y la salud mental.

Para registrarse, escanee el código o
contacte a Sofia:

720-666-0509; sofia@ecpac.org

